

**CANNING CLUB**



**CENTRE RIM FIRE  
MASTER HAND ONLY  
RULE BOOK**

November 19, 2025

# Contents

<b>SECTION 1:</b> .....	<b>4</b>
<b>THE MATCH</b> .....	<b>4</b>
<b>SECTION 2:</b> .....	<b>4</b>
<b>ELIGIBILITY OF COMPETITORS</b> .....	<b>4</b>
<b>FIREARM SPECIFICATIONS PRINCIPLES</b> .....	<b>5</b>
<b>HANDGUNS: GENERAL:</b> .....	<b>5</b>
<b>AMMUNITION:</b> .....	<b>5</b>
<b>SECTION 3: EQUIPMENT &amp; MODE OF DRESS.</b> .....	<b>5</b>
<b>SAFETY EQUIPMENT</b> .....	<b>6</b>
<b>FOOTWEAR</b> .....	<b>6</b>
<b>CLOTHING</b> .....	<b>6</b>
<b>MEDICAL EQUIPMENT</b> .....	<b>6</b>
<b>SPOTTING SCOPE</b> .....	<b>6</b>
<b>SANDBAG REST</b> .....	<b>6</b>
<b>RANGE OFFICERS</b> .....	<b>6</b>
<b>SAFETY OFFICERS</b> .....	<b>6</b>
<b>NEW MEMBERS</b> .....	<b>6</b>
<b>MEMBERS FROM OTHER CLUBS</b> .....	<b>6</b>
<b>SECTION 4:</b> .....	<b>7</b>
<b>SECTION 5:</b> .....	<b>7</b>
<b>SCORING.</b> .....	<b>7</b>
<b>SECTION 6:</b> .....	<b>8</b>
<b>SAFETY VIOLATIONS</b> .....	<b>8</b>
<b>BREACHES OF SAFETY</b> .....	<b>8</b>
<b>SECTION 7</b> .....	<b>9</b>
<b>RANGE PROCEDURES</b> .....	<b>9</b>
<b>RANGE PROCEDURES</b> .....	<b>9</b>
<b>SECTION 8:</b> .....	<b>10</b>
<b>COMPETITORS</b> .....	<b>10</b>
<b>SECTION 9:</b> .....	<b>10</b>
<b>GRADING</b> .....	<b>10</b>
<b>SECTION 10:</b> .....	<b>11</b>
<b>SECTION 11:</b> .....	<b>11</b>
<b>CHANGES TO THE RULES</b> .....	<b>11</b>

## DOCUMENT HISTORY

Curriculum Owner (Manager)	Work area/team responsible	Date created	Date endorsement
President Canning Club	Safety Officer	V2 19/11/2025	

## Modification Table

Date modified (XX/XX/XX)	Modified by (Name)	Authorised by (Club President)	Modification details (Must be concise and include all relevant modification details – e.g. Originator of the change, rationale behind the change and the details of the change including what was removed/replaced)

The Rules and Regulations shown here will allow Centre Rim Fire Matches to be run in an orderly, efficient and most importantly SAFE manner.

As a Canning Club Member or Official we all have a responsibility to read and know the Rules to ensure that we are familiar with the Courses of Fire, Equipment and Safety aspects of the Centre Rim Fire discipline within the Canning Club.

Always abide by the 4 International Firearm Safety Rules

1. Treat every firearm as if it is loaded.
2. Keep the Barrel pointed downrange at all times.
3. Keep your finger off the trigger until on target, on target on trigger, off target off trigger. At the Canning Club off trigger means that your trigger finger is outside the trigger guard.
4. Identify your own target.

## SECTION 1: THE MATCH

The match consists of 60 to 65 rounds based on the target and course of fire selected by the Range Officer, consisting of 4 serials shot from 25 meters. There are no misfires allowed. There is no time limit imposed on this discipline and is suitable for novice shooters to participate in.

5 sighter rounds are optional.

**Novice shooter** this is a person who has completed Canning Club safety course and at least 2 matches either of field pistol or Mandar.

**MASTER HAND ONLY** this match will be done with one hand only and other hand either behind you back or in your pocket.

## SECTION 2: ELIGIBILITY OF COMPETITORS:

The Centre Rim Fire discipline is open to all Members of the Canning Club and Visitors, as the event has no movement component a holster qualification is not required.

There are only 2 Classes of shooters

1. Open – A person who is over the age of 18
2. Junior – A person who is aged 12 to 17 years

## **FIREARM SPECIFICATIONS PRINCIPLES:**

There shall be two classes, "Open Class" and "Classic Class". Open class firearms shall allow modifications to sights (red dots, Hi Viz, and aftermarket accessories, etc.), grips (oversized and aftermarket, but not orthopedic) and any barrel modifications. Classic class firearms shall remain as per the original manufacturer's specifications. All handguns will compete together without handicap.

## **HANDGUNS: GENERAL:**

Grips Standard left or right-hand grips. No orthopaedic type grips that provide support to the hand or wrist that will prevent the handgun from falling freely to the ground when the hand is opened. Minimum calibre allowable for centre fire is 9 mm. Any Rim fire in .22 Long rifle only.

Sights there shall be no restriction on sights or sight radius or the barrel length. There shall

be no restrictions on the weight of the trigger pull, provided it functions safely and as originally intended. Trigger shoes or extensions of any kind will not protrude beyond the dimensions of the trigger guard. Handguns used in the match shall be serviceable and safe.

Competitors handguns may be inspected at any time throughout the conduct of the competition, to ensure that it complies with the competition rules. One handgun only will be used by a competitor in all stages of a match. If during a match the original handgun becomes unserviceable, the competitor may continue to compete using another handgun, of the same calibre provided the competitor doesn't gain an advantage over their prior handgun.

**AMMUNITION:** All ammunition used must be safe. Any ammunition considered to be unsafe by the Range Officer must not be used. No replacement time will be allowed for ammunition failure, or failure of the handgun to feed the ammunition. In the event of ammunition failure or malfunction you may rectify and continue to fire provided you can do so in the allocated time left but you can only fire the designated number of rounds each time the target faces. Jacketed ammunition is **NOT** to be used. Copper washed or Berry's projectiles may be used

Minimum allowable caliber for Center Fire competitions is 9mm, allowable calibers are as follows

- 38 Special, 357 Magnum, 9mm
- Minimum allowable caliber for Rim Fire competitions is .22 Cal Long rifle

## **SECTION 3: EQUIPMENT & MODE OF DRESS.**

**SAFETY EQUIPMENT** Ear and eye protection will be worn at all times by competitors when handling a firearm at the line and by persons who are in the vicinity of the firing line whilst shooting is underway.

**Eye protection** standard glasses will be accepted but impact resistant is recommended.

**Hearing protection** minimum C5 grade electronic ear muffs are strongly recommended.

**FOOTWEAR** - It is required that suitable clothing, including enclosed shoes or boots, be worn at all times by a competitor whilst engaged in the competition and in the vicinity of the firing line.

**CLOTHING** – Camouflage, pattern disruptive, high visibility or clothing with offensive language or motifs is not permitted. Competitor using such clothing will be asked to leave the range.

**MEDICAL EQUIPMENT:** A competitor may wear or use medical equipment which may be seen as giving support. If a medical certificate confirming the need for health reasons are submitted before a match to the Committee.

**SPOTTING SCOPE** – Spotting Scopes may be used in 50m and 25m events, a shooter cannot however have a spotter.

**SANDBAG REST** – Competitors will require a sandbag rest or similar to raise the barrel during Range 2 Bench Rest portion of the match to a minimum barrel height above the bench of 200 mm.

**RANGE OFFICERS:** Shall wear a Yellow Vest on the line for ease of identification

**SAFETY OFFICERS:** Shall wear an Orange Vest on the line for ease of identification

**NEW MEMBERS:** Shall wear a Blue Vest on the line for ease of identification

**MEMBERS FROM OTHER CLUBS:** Shall wear a Green Vest on the line for ease of identification

## **SECTION 4:**

### **STAFFING REQUIREMENTS & DUTIES**

The Range Officer is responsible for the overall conduct of the course of fire, briefing competitors & answering questions about the course of fire. They are responsible for the safe and efficient operation of the match directing the Safety officers and shooters in matters of safety and procedure.

Safety Officers will assist the Range Officer.

It is preferential to have one Safety Officer for each 5 competitors.

It is preferential to have one mentor for assistance for each new member (Blue Vest) on the line

## **SECTION 5:**

### **SCORING.**

Where the outside diameter of the shot touches the line, it will be given the highest value.

Crossfire: If more than the required number of shots appears on the target, any shot which can be identified as not being fired by the competitor assigned that target, or having been fired in the previous string, will be discarded and not scored. If more than the required

number of shots then remain on the target, the competitor will receive the highest scoring shots.

Visible shots and close groups: as a general rule only those shots which are visible will be scored. An exception will be made in a case where a group of 3 or more shots is so close that it was possible that the required number of shots could have gone through the enlarged hole and there is no evidence that shots have gone through elsewhere on the assigned target. In this case the competitor will be given the benefit of doubt and scored hits for non-visible hits

## SECTION 6:

### SAFETY VIOLATIONS

During a shooter's visit to the Canning Club there are a number of rules that must be adhered too as part of general firearm handling and safety. Failure to adhere to these rules will be considered a Safety Violation, a violation will result in a disqualification from the stage of fire in which it occurred. Safety Violations are but not limited to the following:

- a) Dropping an unloaded handgun
- b) Leaving the firing line with a loaded handgun
- c) Casing a handgun that has not been cleared.
- d) Loading or drawing the handgun before the command "load and make ready"
- e) Engaging the trigger while at the ready position
- f) Playing or fiddling with the handgun while cased before the order is given handle the handgun, other than in the safety area
- g) Negligent discharge while at the ready on the firing line
- h) Handling live ammunition in the safety area
- i) Allowing the handgun to swing from the down range position excessively (more than 15 degrees) while loading, clearing or correcting a malfunction.

### BREACHES OF SAFETY

In line with universally recognised firearms safety the following are considered **Breaches of Safety** and will result in the immediate disqualification of the shooter for the entire match. In the event of repeated breaches at club level a member may be asked to requalify for certain skills i.e. holster qualification, failing that membership to the Canning Club may be withdrawn.

- a) Pointing a loaded handgun up range
- b) Dropping a loaded handgun
- c) Picking up a dropped loaded handgun
- d) Any shot into the ground less than 2 metres down range from the firing line
- e) Consumption of alcohol or non-prescription drugs before or during competing in a match

## SECTION 7

### RANGE PROCEDURES

### RANGE PROCEDURES

The Range officer will brief the competitors on the stage to be shot.

Range Commands “SHOOTERS IF YOU UNDERSTAND THE COURSE OF FIRE, YOU MAY LOAD AND MAKE READY”, The competitors facing down range will fit ear and eye protection, draw load and make ready, then adopt the ready position.

Ready position: Handguns unless stated in the course of fire the ready position will be pointing down range at the 45-degree finger off the trigger. NOTE: At the “load and make ready” Command the competitor may elect to leave his slide open or battery the firearm and engage the safety. Only after the standby is given may they disengage the safety or cock the firearm.

The Range Officer will call “ANY SHOOTER NOT READY?”. If a competitor answers “NOT READY” the Range Officer will reply “NOT READY CALLED” and wait until the competitor calls “READY” Before re-issuing the command, “ANY SHOOTER NOT READY?”, If a competitor is still not ready, they must again state in a loud voice “NOT READY” The range officer will cause inquires to be made as to why the shooter is not ready and take appropriate action. If a “NOT READY” call is not announced from a competitor then the match will commence.

The range officer will give the next command. “STANDBY” - the competitor must remain at the ready until the cue to commence fire is given. The command may be given as a verbal, visual, or audible command. “CEASE FIRE” after the designated time will be given as a verbal, visual or audible signal.

“SHOOTERS UNLOAD AND SHOW CLEAR”. While pointing down range the competitor will unload the firearm. Revolver will have the cylinder swung out; semi-auto will have the magazine out and the action open. “CLEAR, SLIDE FORWARD/CLOSE CYLINDER AND CASE” - The competitor will close the cylinder or slide and secure the firearm in its case by latching the lid or zipping the bag closed. The Range Officer will then give the command to “PICK UP BRASS”, Competitors may not return to the bench. The Range Officer will then give the command, “RANGE CLEAR AND SAFE MOVE FORWARD, SCORE AND PATCH” the competitors may now move forward and perform their duties.

## SECTION 8: COMPETITORS

It is the competitor's responsibility to ensure that their equipment meets the rules and is serviceable. In the event of a malfunction of the firearm and the malfunction can be rectified before the end of the time limit for that detail, the competitor may continue until the time limit expires for that detail. All competitors and their guest will behave in a sportsman like manner. In the event of boisterous or disruptive behaviour the range officer shall caution the offender once and should there be a repetition of such conduct the offender if a competitor they shall be disqualified and asked to leave the firing line. If a guest or spectator they shall be asked to leave the range. It is the competitor's responsibility to ensure that they understood the course of fire. A junior competitor shall be any member aged between 12 to 17 years, they are to have a one on supervisor on the line at all times in accordance with Section 31 Firearms Act 2024.

**STUCK LIVE ROUND: MANDATORY RULE:** In the event of a malfunction which results in a stuck live round which cannot be simply removed from the breech end of the barrel, the firearm is to be made safe and removed from the range for repairs.

## SECTION 9: GRADING

CENTRE FIRE	550 and above AA grade 500 and above A grade 450 and above B grade Below 440 C grade
RIM FIRE	550 and above AA grade 500 and above A grade 450 and above B grade Below 440 C grade

To qualify for the next grade these scores must be shot three times.

To go to a lower grade, application must be made to the Committee

## SECTION 10: COURSE OF FIRE:

There shall be **no** restriction on the number of rounds that may be taken to the firing line. There shall be **no** restriction on the number of rounds that may be loaded for each detail.

**A competitor may only shoot the number of rounds in each detail as instructed by the Range Officer. Catch up rounds are not permitted during competition**

If any additional rounds are discharged then the highest score shall be discounted and a matching or next highest amount removed from the competitors score as a penalty.

The course of fire is based on the following conditions and can be adjusted by the Range Officer in line with the practice selected.

**MASTER HAND ONLY** this match will be done with one hand only and other hand either behind you back or in your pocket.

### Distance : 25 metres

- |            |  |
|------------|--|
| Serial 1 - | 5 sighter rounds in your own time, based on course of fire detailed by the Range Officer.                    |
| Serial 2 - | 15 rounds shot in 3 serial of 5 in 5 minutes.  |
| Serial 3 - | 15 rounds shot in 3 serial of 5 in 5 minutes   |
| Serial 4 - | 15 rounds shot in 3 serial of 1 round in 3 seconds and away for 7 seconds<br><b><i>repeated 5 times.</i></b> |
| Serial 5 - | 15 rounds shot in 3 serial of 1 round in 3 seconds and away for 7 seconds<br><b><i>repeated 5 time</i></b>   |

## SECTION 11: CHANGES TO THE RULES.

Amendments, alterations, additions and changes to the Rules can only be made by a majority vote of elected committee members and do not take effect until they are published in the Canning Club Inc, newsletter. The cover sheet shall show the date of the amendment, the amended section and the Newsletter publication date. The amendments shall be recorded in the Committee Meeting minutes.